

the : word

Jonah 2

¹From inside the fish Jonah prayed to the LORD his God.
²He said: "In my distress I called to the LORD, and he answered me. From the depths of the grave I called for help, and you listened to my cry. ³You hurled me into the deep, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me. ⁴I said, 'I have been banished from your sight; yet I will look again toward your holy temple.' ⁵The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head. ⁶To the roots of the mountains I sank down; the earth beneath barred me in forever. But you brought my life up from the pit, O LORD my God. ⁷"When my life was ebbing away, I remembered you, LORD, and my prayer rose to you, to your holy temple. ⁸"Those who cling to worthless idols forfeit the grace that could be theirs. ⁹But I, with a song of thanksgiving, will sacrifice to you. What I have vowed I will make good. Salvation comes from the LORD." ¹⁰And the LORD commanded the fish, and it vomited Jonah onto dry land.

1 Corinthians 2

⁶We do, however, speak a message of wisdom among the mature, but not the wisdom of this age or of the rulers of this age, who are coming to nothing. ⁷No, we speak of God's secret wisdom, a wisdom that has been hidden and that God destined for our glory before time began. ⁸None of the rulers of this age understood it, for if they had, they would not have crucified the Lord of glory. ⁹However, as it is written:
"No eye has seen, no ear has heard, no mind has conceived what God has prepared for those who love him" ¹⁰but God has revealed it to us by his Spirit. The Spirit searches all things, even the deep things of God. ¹¹For who among men knows the thoughts of a man except the man's spirit within him? In the same way no one knows the thoughts of God except the Spirit of God. ¹²We have not received the spirit of the world but the Spirit who is from God, that we may understand what God has freely given us. ¹³This is what we speak, not in words taught us by human wisdom but in words taught by the Spirit, expressing spiritual truths in spiritual words. ¹⁴The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned. ¹⁵The spiritual man makes judgments about all things, but he himself is not subject to any man's judgment: ¹⁶"For who has known the mind of the Lord that he may instruct him?" But we have the mind of Christ.

Sermon Recording/CD

Sermons are downloadable from the web site.
If you would prefer to purchase a CD, see Graham at the AV desk.

tabernacle : penarth

purpose : to reflect God's love in
our church, community and world

sunday 17th january 2010

today's services

10.30 am - Jonah Prays - Jonah 2

6.00 pm - Wisdom from the Spirit
1 Corinthians 2:6-16

mid -week

Monday

7.30 pm: Prayer meeting

Wednesday

9.30 am: Communion

thought for the week

In my distress I called to the LORD,
and he answered me.

Jonah 2:1

contact : us

Church Centre: 029 2070 2690/ Fax 029 2070 2775

Pastor Roger Grafton: 029 2019 5580

Youth Worker Pete Everitt: 07733 347506

E-mail: info@tabspenarth.org.uk

Website: www.tabspenarth.org.uk

Items for the newssheet should be emailed to:
newssheet@tabspenarth.org.uk

what's : on

SUNDAY

- 10.30 am John Weaver and Pastor Roger -
Communion will be celebrated
6.00 pm Andrew Langley and Will Roberts
Why not join us for tea/coffee after the services?
8.00 pm The House Thing

MONDAY

- 9.00 am Maintenance team meet
9.30 am Playgroup (Mon - Fri)
2.45 pm Women's Hour – A. G. M.
7.30 pm Prayer Meeting

TUESDAY

- 9.15 am Centre Prayers
2.00 pm 'Dorcas' Group.
6.00 pm JAFFA Club (school yrs reception – 2)
7.45 pm Ladies' Evening Fellowship – Supper
8.00 pm Men's Christian Club

WEDNESDAY

- 9.30 am Communion led by Ann Niblett followed
by coffee

THURSDAY

- 7.30 pm Small Groups meet
7.30 pm Youth meet in the Loft Sunday School
room to study Ephesians.

FRIDAY

- 9.00 am Maintenance team meet
9.30 am Toddlers
6.00 pm Xtreme (school yrs 3-6)
7.30 pm Beyond Xtreme (school yrs 7-9)

NEXT SUNDAY

- 10.30 am Pastor Roger and Simon Pedwell
6.00 pm Pastor Roger and Gemma Humphreys

ADVANCE NOTICES:

Church meeting for members 25th January

Coffee morning on Saturday 23rd January in aid of
Penarth and District Lesotho Trust at 10 am at
Stanwell Road BC Schoolroom.

Penarth Cytûn will be holding a Workshop on
"**Christianity and Spirituality**" on Saturday 30th
January 9.30 am - 12.30 pm. The Speaker will be the
Rev'd Gethin Abraham-Williams. The meeting will be
held in the Live at Home Lounge in Trinity Methodist
Church. There will be opportunity for a bring and
share lunch, drinks provided at the conclusion.

Cosmeston Church is having their church away day
here at Tabs on Saturday 30th January. Gemma is
looking for volunteers to help run the kids work and
prepare coffee and tea. For more info please speak
to Gemma.

The next **Sanctuary Event** will be on Sunday 7th
February at 8 pm. Please put it in your diaries.

Cardiff Men's Convention

Saturday 27th March 9.30 – 5.00 at St David's Hall.
Speakers Charles Price, Lindsay Brown and Graham
Daniels. Cost £19 with further concessions. More
information see Will Roberts or
www.cardiffmensconvention.org.uk

Banner making

Anyone interested in helping to make a new banner
for Easter please contact Helen Turner on 2053
0555. No experience necessary!

family : news

Safety around the Church.

During the week a large piece of masonry fell from
the building and landed in the street. Thankfully no-
one was injured and no damage was done to parked
cars. Whilst scaffolding is in place we ask all
members and visitors to exercise caution when
coming into or leaving the building. Be especially
aware that the front door is partially obstructed with
scaffolding. Access for wheelchair users and
pushchairs is via the right hand fire exit. Please ask
the Welcome team if you require assistance.

Barry Makepeace continues to recover and hopes
to be able to be in Church for one of the services
today. Barry is still suffering from some brain
damage and problems related to his accident.
Please allow him space to find his feet in Church
before all going to say hello at once! Barry's main
symptom is memory loss, so don't be surprised if he
struggles with a few names and faces.

Helen Douglas's mother, Ruth, had her surgery to
treat skin cancer, and has started to make good
progress. The surgery was extensive and will need
to be followed up with further treatments, so please
keep her in your prayers.

Brenda Shepherd is doing well; please pray for a
speedy recovery on her broken wrist.

Veronica Strain had an operation this week to repair
a rupture in her stomach. Please pray for her and the
family during this time.

Please pray for **Judith Williams' mother** and her
family as she continues with the current round of
chemotherapy.

Please also remember these people in your prayers
and those in the fellowship who are largely confined
to their homes or continue to be in need of prayer
and those who lovingly care for them. We remember
especially **Marion Jones, Cynthia Price, Ron
Soper, Earl Angove, Margaret Firth, Sylvia Sadler,
Joan Richards, Sharon Geere, Joan Bradshaw
and Judith William's mother.**

Crèche

We require 4 more people to head up crèche teams
during Sunday services. We also require more
volunteers to assist the team leaders about once
every 8 weeks. Can you help? Speak to Gemma or
Roger.

Preaching Engagements:

Ann Niblett is at Pentyrch Street am
Julian Haines is at Ebenezer Maesteg pm

Congratulations:

To Denyse & Attilio Cioni on the birth of a
granddaughter Chiara, born to Elinor and Andro

Thanks:

Support for Romania send their grateful thanks to the
fellowship for the gift they received.

Wanted:

We need old mobile phones. Do you have an old
mobile phone (No SIM needed) and charger lying
round your house that can be sent with Sharon
Geere's brother who is going out to India at the end
of the month. Please pass them on to Gemma or
Bart.