who plays sport, and remember those who use sport to witness as players, chaplains or supporters.

Sunday 29th (First Sunday in Advent)

Roger Grafton always prays for the children in church on Sunday mornings. Please pray for the young people who come to Tabs week by week. Give thanks to God for them, and remember places where there is no children's ministry.

Monday 30th

Please pray for the housebound in Tabs. The names on the weekly news sheet are people who are not able to attend church. Please pray for someone you may know.

Contributions for the prayer diary should be sent to john.stansfield5@btinternet.com or left in the pigeonhole in the foyer by 7th of the month.

THOUGHT OF THE MONTH

Getting to grips with prayer can seem to go in spurts and starts. Something happens that makes prayer seem very appropriate; when that event passes the need is less strong, so the prayer habit withers too. Sermons on prayer come along from time to time, which may stimulate some interest for a while, but it does not last. Most humans tend to be creatures of habit, which is very useful when prayer is concerned. If you want to get to grips with praying it is one of those activities which tend to get better with practise. The more that you do it the more it becomes part of your character, so that when it stops you miss it. Ask any drunk what he wants most and the answer will always be: 'another drink'. So with prayer, the craving becomes something which is only satisfied by another session with God. That is where a habit comes in handy, regular sessions with God fills the need in your heart. Starting the day with God allows the craving for prayer to be fulfilled each day so you can face the day in the will of God. Cultivating a prayer habit is something which you have to decide to do for yourself. No amount of telling will get you wanting to pray for yourself, only you can do it for yourself. This month have a practice run ready for a New Year resolution to pray every day; you will be glad you did. By the way, so will God.

tabernacle: penarth

purpose: to reflect God's love in our church, community and world

prayer diary: november 2015

'There is a time for everything, and a season for every activity under the heavens: a time to be born and a time to die, a time to plant and a time to uproot, a time to kill and a time to heal, a time to tear down and a time to build, a time to weep and a time to laugh, a time to mourn and a time to dance.'

Ecclesiastes 3:1-4

Sunday 1st

Worshipping God for who He is and not for some other reason, e.g. fear, wanting something, insurance 'just in case', or whatever is not easy. Ask God to reveal Himself in your life so you would also want to worship God for who He is.

Monday 2nd

Remember to pray for Roger and Claire Grafton as Roger returns to work after his sabbatical time away from Tabs.

Tuesday 3rd

Please pray for the Playgroup children, parents, leaders and helpers who meet each weekday morning in Tabs.

Wednesday 4th

CAP Jobclub meets 1300hrs to 1500hrs each week on Wednesday. Pray for those involved as clients and leaders.

Thursday 5th

Tonight will be bonfire night. Please pray for safety for people who are near fire and fireworks. Also please remember the emergency services on this busy night.

Friday 6th

Please pray for the volunteers who man the reception desk each day and also those who look after the food bank on a day to day basis. Pray for Sirkku Evans as she prepares the roster for this activity. Give thanks for Brenda Shepherd who did that job for many years.

Saturday 7th

Today women from across South Wales will join together for 'Refined'. Please pray that they will be blessed by the worship, teaching & fellowship. Please also pray for the men who are giving up their Saturday to serve.

Sunday 8th (Remembrance Sunday)

Today we remember the dead of both World Wars and the many conflicts since. Please pray for all who serve in our armed forces and for all those who will remember today.

Monday 9th

The project to get Arcot House into a viable condition faces many hurdles. Pray for leadership, vision, finance and oomph for this project.

Tuesday 10th

Today is an opportunity to remember with thanks those who have inspired faith in each one of us. Pray for the witness of 'the saints', i.e. the church now and in the future. Ask God to bless your witness.

Wednesday 11th (Armistice Day)

Armistice Day celebrates the actual end of World War 1. Please pray for all who will be involved in acts of remembrance today.

Thursday 12th

Please remember in prayer those who are sick, bereaved or lonely. A list can be found in the weekly notice sheet. Pray for anyone you may know who needs God to minister in their life.

Friday 13th

Remember those caught up in natural disasters. There was the earthquake in Nepal in April, typhoons in Taiwan and China in September, wildfires in California all summer. Ask God to relieve those displaced and affected by nature.

Saturday 14th

The ongoing war in Syria and Iraq is the biggest threat to world peace since WW2. Please pray for peace and for all the displaced people in the Middle East and Europe. Ask God to bring this sorry situation to an end.

Sunday 15th

South Sudan was a new country a few years ago. There are many problems, some of which are being addressed, but much needs to be done. Pray for organisations and individuals who seek to help the war torn people of this nation.

Monday 16th

Today let us give thanks to God for all the good things that He gives to us. Thank Him for home, family, employment, food, freedom of assembly, worship and speech, for the fellowship of the church and anything else appropriate.

Tuesday 17th

Fairtrade products can be found in many supermarkets, thanks to the efforts of people who campaign for workers' rights. Please remember efforts to eradicate poverty around the world. Pray for your favourite project, if you don't have one, find one to pray for today.

Wednesday 18th

Most weeks a communion service is held on Wednesdays, please pray for those who lead and those who attend.

Thursday 19th

Think of your favourite missionary, can you send them a Christmas present? If it is safe pray what you could send, otherwise how you could contribute to a parcel for a full time worker. It will need to be posted very soon.

Friday 20th

Please remember students who went to university in September, probably getting a little homesick by now. Pray for them away from home and ask God to give them good fellowship in their colleges.

Saturday 21st

Please pray today for some of the smaller causes around Penarth. Stanwell Rd BC, Llandough BC, Elfed Avenue Uniting Church, Capel Bethel, Plassey St Gospel Hall, Sully Christian Fellowship, Hebron Cogan, St Peters and Bethesda in Dinas Powys.

Sunday 22nd

'How lovely is thy dwelling place, O LORD of Hosts! My soul longs, yea, faints for the courts of the LORD; my heart and flesh sing for joy to the living God', (Psalm 84:1-2). Let this be your attitude going to service today.

Monday 23rd

As the Festive Season begins to be on everyone's lips perhaps you could pray about who you could give a gift to who might otherwise miss out. Perhaps a shoebox to Tab's chosen distribution partner, please pray and act soon.

Tuesday 24th

Please pray for Angus and Helen and their children working in Nepal. Pray for all their needs, financial, spiritual, fellowship, safety and professional.

Wednesday 25th

As the weather gets to grips with winter Home Access is in demand for housing. Please pray for the Management Committee, employees, Trustees and service users

Thursday 26th

Judy Cook is living and working in Chieng Mai in Thailand. She ministers in a home for women and babies, so please remember Judy and pray for all her needs, financial, spiritual, fellowship, safety and professional.

Friday 27th

The maintenance team works in Tabs every Monday and Friday. New recruits are always needed. Pray for the work and safety of members and give thanks for their dedication.

Saturday 28th

Saturdays are for many people the day that is dedicated to sport, either supporting the team, playing sport or standing on the touchline in the rain. Please pray for anyone you know