

the : word

Psalm 16:1-11 – (NIV UK)

- ¹ Keep me safe, my God,
for in you I take refuge.
- ² I say to the LORD, "You are my Lord;
apart from you I have no good thing."
- ³ I say of the holy people who are in the land,
"They are the noble ones in whom is all my
delight."
- ⁴ Those who run after other gods will suffer more and
more.
I will not pour out libations of blood to such gods
or take up their names on my lips.
- ⁵ LORD, you alone are my portion and my cup;
you make my lot secure.
- ⁶ The boundary lines have fallen for me in pleasant
places;
surely I have a delightful inheritance.
- ⁷ I will praise the LORD, who counsels me;
even at night my heart instructs me.
- ⁸ I keep my eyes always on the LORD.
With him at my right hand, I will not be shaken.
- ⁹ Therefore my heart is glad and my tongue rejoices;
my body also will rest secure,
- ¹⁰ because you will not abandon me to the realm of
the dead,
nor will you let your faithful one see decay.
- ¹¹ You make known to me the path of life;
you will fill me with joy in your presence,
with eternal pleasures at your right hand.

tabernacle : penarth

purpose : to reflect God's love in
our church, community and world

sunday 11th march 2018

today's services

10.00 am – Mothering Sunday

6.00 pm – I want God's counsel
Psalm 16:1-11

mid – week

Wednesday
10.00 am: Communion

thought for the week

Keep me safe, my God,
for in you I take refuge.
Psalm 16:1

contact : us

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Items for social media and/or the website
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Tabs Twitter: [@tabs_penarth](https://twitter.com/tabs_penarth)

Sermon Recording/CD

Sermons are downloadable from the web site. If you would
prefer to purchase a CD, see Graham at the AV desk.

what's : on at tabernacle

SUNDAY – 4th Sunday in Lent

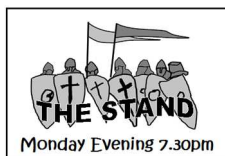
10.00 am Mothering Sunday – Claire Grafton
6.00 pm Margaret Griffiths and Elspeth Robertson
- communion will be celebrated

At Communion service today, gluten free bread will be used.

7.00 pm @23 in room 23
Why not join us for tea/coffee after the services?

MONDAY – Pastor Owen's Day off

9.30 am Maintenance team meet
2.30 pm Women's Hour – Norma Williams
7.30 pm The Stand Prayer Meeting



TUESDAY

1.00 pm Small Group at 11 Albert Road
3.00 pm The Keep Drop-In at Arcot House
6.00 pm JAFFA (school yrs 1-2)
7.30 pm Small Groups meet

WEDNESDAY

9.30 am - 11.30 Foodbank Breakfast club at Arcot House
10.00 am Communion led by Margaret Griffiths followed by coffee
1.00 pm CAP Job Club
2.30 pm Ladies' Fellowship
7.30 pm Alpha at 49 Penlan Road Llandough

THURSDAY

1.00 pm Recovery Cymru at Arcot House
2.30 pm Small Groups meet at Tabs
7.30 pm Music Group Practice
7.30 pm Small Groups meet

FRIDAY – Pastor Roger's Day Off

9.30 am Maintenance team meet
9.30 am Toddlers
6.00 pm Xtreme (school yrs 3-6)
7.30 pm Beyond Xtreme (school yrs 7-9)

NEXT SUNDAY

10.30 am Pastor Roger and Will Roberts - communion will be celebrated
6.00 pm Ann Niblett and Jack & Sarah Westmore

The following groups also meet at the church

Monday to Friday mornings	Playgroup
Tuesday at 7.30 pm	Cavatina Choir
Tuesday at 7.45 pm	Prison Fellowship
Wednesday at 8.00 pm	Spectrum Singers
Thursday at 7.30 pm	Café International

what's : on elsewhere

TWAM Cymru team meet at Bute Lane unit at 9.00 am on Tuesdays & Thursdays

Lent Lunches continue on Friday from 12 noon to 1.30 pm at Stanwell Road Baptist Church Hall. Cost £5. Proceeds to Christian Aid

Please see notice board at the top of the stairs for details of other local events.

family : news

We extend our love and sympathy to **Joan Richards** on the recent death of her brother (David). Please remember her and the family in your prayers especially at this time.

We also extend our love and sympathy to **Tim Hollinshead** on the recent death of his mother. Please remember him and the family in your prayers especially at this time.

We remember the following people who have had prayer requests on the Prayer Chain recently: **Jo Lockyer, Clare Hollinshead and Eunice Grove.**

Please also remember these people in your prayers who are not able to get to church any longer:

Elizabeth Curle, Joan Bennett, John & Hazel Haggitt, Beryl Murray-Dickson, Dorothy Anderson, Mabel Thomas and Jean & Malcolm Greig. Particularly be praying for **Joyce Reynolds** as her health and strength begin to fail.

Elizabeth Curle remains in hospital and is awaiting a care package in order for her to be discharged.

Preaching Engagements:

Anne Morse is at Sully Christian Fellowship am

Please remember to let Graham know if you are out preaching so that the details can be included in the news sheet

Lent Lunch on 23rd March

Tabs is helping to provide the lunch on this day and for this we need two more volunteers to serve and for general kitchen duties. If you can help please see Erica Stansfield.

Presentation to Launch CAP Debt Centre Monday 19th March 7.30 pm.

Tyrone Reid CAP Regional Partnership Manager (Wales & West Midlands) will be giving a presentation here at Tabernacle on how the debt centre will operate and how ordinary Christians and churches can get involved in this crucial and much needed Kingdom work. Everyone welcome.

Easter Chocolates

On Saturday 24th March at 10 am we will be going out on the streets with Easter chocolates and invitations to our Easter Services. If you can help please be at Tabs by 9.50 am. In meantime we need chocolate Easter lollies, chocolate Easter bunnies (Malteser) and small cream eggs. Please bring them to Tabs before Saturday 24th.

Maundy Thursday Passover: We will celebrate a Passover meal again this year on Maundy Thursday (29th March, 7.00 pm). Tickets are £5.00 for adults, (children free). Tickets and more information available from Pastor Roger or Claire.

Annual Memorial Service. We will be holding our annual memorial service on the Sunday following Easter, 8th April when we will remember those loved ones we have lost this year. If you would like a name added to the memorial roll this year, please speak to Pastor Roger as soon as possible.

Service User Advisor for Home Access.

The position is for one morning 4 hours a week, plus relief for holidays, day by mutual agreement. The position will be a fixed term contract for 12 months. Training will be offered but experience in an office environment, working face to face contact with the public would be an advantage. Home Access is a Christian based Charity and an ability to work in this environment is necessary. Closing date 31st Mar 2018. Initial enquiries to Steve Roberts. Telephone: 029 2070 9524 Email: homeaccess@tabspenarth.org.uk

Safeguarding training.

April 16th 7.30 pm @ Tabs. All those involved in youth work / trustees are to attend on an annual basis. Please see Gaynor Haldenby for further information.