the : word

Philippians 4:1-13 – (NIV UK) Closing appeal for steadfastness and unity Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!

² I plead with Euodia and I plead with Syntyche to be of the same mind in the Lord. ³ Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my coworkers, whose names are in the book of life. **Final exhortations**

⁴ Rejoice in the Lord always. I will say it again: rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me – put it into practice. And the God of peace will be with you.

Thanks for their gifts

¹⁰ I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. ¹¹ I am not saying this because I am in need, for I have learned to be content whatever the circumstances.

¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³ I can do all this through him who gives me strength.

tabernacle : penarth

purpose : to reflect God's love in our church, community and world

sunday 10th june 2018

today's services

10.30 am - Unity - Philippians 4:1-13

6.00 pm – The cost of following Jesus Acts 4:1-22

mid – week

Wednesday 10.00 am: Communion

thought for the week

I can do all this through him who gives me strength. Philippians 4:13

Pastor Roger Grafton: 029 2019 5580 (home) 07876 194 617 (mobile) email roger.grafton@tabspenarth.org.uk

Pastor Owen James 07375 496 646 (mobile) email owen.james@tabspenarth.org.uk

Sarah Westmore: email sarah.westmore@tabs.church

Tabs Twitter: @tabs_penarth

Sermon Recording/CD

Sermons are downloadable from the web site. If you would prefer to purchase a CD, see Graham at the AV desk.

contact : us

Church Centre: 029 2070 2690 Arcot House: 029 2070 9524

E-mail: info@tabspenarth.org.uk Website: <u>www.tabs.church</u> Tabs Twitter: @tabs_penarth. Facebook: /TabsPenarth

Registered Charity No: 1133948

Items for social media and/or the website should be emailed to: <u>comms@tabspenarth.org.uk</u> Items for the newssheet should be emailed to: <u>newssheet@tabspenarth.org.uk</u>

what's : on at tabernacle

SUNDAY

10.30 am Pastor Roger and Simon Pedwell 6.00 pm Pastor Owen and Will Roberts

7.00 pm @23 in room 23

Why not join us for tea/coffee after the services?

MONDAY – Pastor Owen's Day off

9.30 am Maintenance team meet
2.30 pm Women's Hour – Anne Morse
7.30 pm Stand Prayer Meeting



TUESDAY

- 9.30 am Small Group
- 1.00 pm Small Group at John & Ruth's
- 3.00 pm The Keep Drop-In at Arcot House
- 6.00 pm JAFFA (school yrs 1-2)
- 7.30 pm Small Groups meet

WEDNESDAY

- 9.30 am 11.30 Foodbank Breakfast club at Arcot House
- 10.00 am Communion led by Julian Haines followed by coffee
- 2.30 pm Ladies' Fellowship

THURSDAY

- 1.00 pm Recovery Cymru at Arcot House
- 2.30 pm Small Groups meet at Tabs
- 7.30 pm Music Group Practice
- 7.30 pm Small Groups meet

FRIDAY

- 9.30 am Maintenance team meet
- 9.30 am Toddlers
- 6.00 pm Xtreme (school yrs 3-6)
- 7.30 pm Beyond Xtreme (school yrs 7-9)

NEXT SUNDAY

- 10.30 am Pastor Roger and Matthew Baird communion will be celebrated
- 6.00 pm Angus & Helen Douglas and Pastor Roger

The following groups also meet at the church

Monday to Friday mornings Playgroup (Sports Hall) Monday at 7.30 pm Penarth Community Choir Tuesday at 7.30 pm Cavatina Choir (Sanctuary) Tuesday at 7.15 pm

Penarth wargames club (Conf room) Wednesday at 8.00 pm Spectrum Singers (Sanct) Thursday at 7.30 pm

Café International (Conf Room)

what's : on elsewhere

TWAM Cymru team meet at Bute Lane unit at 9.00 am on Tuesdays & Thursdays

A Psalm Pilgrimage will be taking place from 5 pm THIS Friday (15^{th}) to 5 pm Saturday 16^{th} June. The pilgrimage will visit all churches in Penarth and Llandough when a portion of the Psalms will be read at each church. They expect to be outside Tabs at 6.40 - 7.20 pm on Friday. A full schedule is on the notice board. It is hoped to use a number of languages and if you are interested please contact Max on 07720 781136 or aslanmax88@gmail.com.

Street Pastors

They are holding their 10th Anniversary Celebration Service on Thursday 14th June at 7.30 pm at City Church, Cardiff. They will be commissioning new street pastors and night base volunteers that have joined the scheme this last 12 months as well as the night featuring guest speaker Rob Parsons and Cardiff Quaynotes Choir.

Momentum

The Baptist Family celebrate together on Friday 22nd and Sat 23rd June at Carmarthen. Keynote speaker: Dr Kang San Tan. A number of sessions has been arranged as well as Pizza Party for young people aged 11+ (Owen, our Youth Pastor, will be helping with the delivery of this youth programme on Saturday). More details and booking at http://baptistcelebration.wales/

Please see notice board at the top of the stairs for details of other local events.

family : news

Please also remember these people in your prayers: Norma Williams, Elizabeth Curle, John & Hazel Haggitt, Beryl Murray-Dickson, Mabel Thomas, Jean & Malcolm Greig.

The following members are now living in residential care and can no longer come to meetings. Please remember them in your prayer: *Joan Bennett, Dorothy Anderson and Joyce Reynolds.*

Also please pray for *Jadwiga Polewski, Jo Lockyer and Clare Hollinshead* who are undergoing treatment.

Peter Chilton is in Llandough Hospital (W2).

Joy James remains in Llandough hospital (E2) and would **very much** appreciate visitors.

Preaching Engagements:

Anne Morse is at Riverside BC Port Talbot am and Salem Barry on Wednesday

Margaret Griffiths is at Calvary BC am

Please remember to let Graham know if you are out preaching so that the details can be included in the news sheet

Soul Survivor

Pastor Owen reminds parents that there are outstanding balances owing for their young person's place for this summer's event. If you need a precise figure please speak with him.

Dangerous Worship

This is a new collaboration between Churches in Cardiff and Newport. We are planning a series of Worship/ teaching events aimed at encouraging young people to welcome new people to their groups following the "Higher Mission". The first event will be here in Tabs on October 20^h starting at 6.30 pm. We need a team of volunteers to help run this event smoothly. To give help please speak with Owen.

Spectrum Singers 'United' Concert Monday 18th June 7.30 pm in Tabs – free entry, donations requested for local refugee and sanctuary charities Croeso Penarth and Sharedydd - exciting programme of UK and US music in celebration of Royal Wedding. Contact: David Bacon or Helen Turner.

Safeguarding training on 3rd November will be a full update 10-1 pm. All those involved in youth/ children's work and trustees are required to attend. Please see Gaynor Haldenby for further information.