

## the : word

**Matthew 6:25-33 – (NIV UK)**

### **Do not worry**

<sup>25</sup> Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? <sup>26</sup> Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? <sup>27</sup> Can any one of you by worrying add a single hour to your life? <sup>28</sup> And why do you worry about clothes? See how the flowers of the field grow. They do not labour or spin. <sup>29</sup> Yet I tell you that not even Solomon in all his splendour was dressed like one of these. <sup>30</sup> If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you – you of little faith? <sup>31</sup> So do not worry, saying, "What shall we eat?" or "What shall we drink?" or "What shall we wear?" <sup>32</sup> For the pagans run after all these things, and your heavenly Father knows that you need them. <sup>33</sup> But seek first his kingdom and his righteousness, and all these things will be given to you as well.

# tabernacle : penarth

purpose : to reflect God's love in  
our church, community and world

**sunday 18<sup>th</sup> november 2018**

## **today's services**

10.30 am – Thanksgiving - Matthew 6:25-33

6.00 pm – **NO SERVICE**

## thought for the week

Seek the kingdom of God above all else,  
and live righteously, and he will give  
you everything you need (NLT)

Matthew 6:33

## contact : us

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### **Sermon Recording/CD**

Sermons are downloadable from the web site. If you would prefer to purchase a CD, see Graham at the AV desk.

# what's : on at tabernacle

## SUNDAY

10.30 am Ann Niblett and Will Roberts - communion will be celebrated

At Communion service today, gluten free bread will be used.

Why not join us for tea/coffee after the service?

6.00 pm **NO SERVICE** as the Christmas event in the town centre does not finish until 7.00 pm

## MONDAY

9.30 am Maintenance team meet

2.30 pm Women's Hour – Dot Evans

## TUESDAY

9.30 am Small Group

6.00 pm JAFFA (school yrs 1-2)

7.30 pm Small Groups meet

## WEDNESDAY

9.30 am - 11.30 Foodbank Breakfast club at Arcot House

10.00 am Communion led by Roger Grafton

1.00 pm CAP Job Club

## THURSDAY

1.00 pm Recovery Cymru at Arcot House

2.30 pm Small Groups meet at Tabs

7.30 pm Music Group Practice

7.30 pm Small Groups meet

## FRIDAY – Pastor Roger's Day Off

9.30 am Maintenance team meet

6.00 pm Xtreme (school yrs 3-6)

7.30 pm Beyond Xtreme (school yrs 7-9)

## SATURDAY – Pastor Owen's Day off

### NEXT SUNDAY

10.30 am Roger Grafton and Matthew Baird

6.00 pm Roger Grafton and Peter Robertson

### ADVANCE NOTICE:

Next Church Meeting for church members will take place on Monday 26<sup>th</sup> November, 7.30 pm.

### The following groups also meet at the church

Monday at 7.00 pm Penarth Community Choir

Tuesday at 7.30 pm Cavatina Choir (Sanctuary)

Wednesday at 8.00 pm Spectrum Singers (Sanct)

# what's : on elsewhere

TWAM Cymru team meet at Bute Lane unit at 9.00 am on Tuesdays & Thursdays

**Penarth Cytûn** (Council of churches) will be meeting this Wednesday at Trinity Methodist Church at 7 pm. All welcome.

**Spectrum Singers Christmas Concert** with carols from Berlioz to Tchaikovsky and modern jazzy arrangements of seasonal holiday classics. Sunday 16<sup>th</sup> December 3 pm at Penarth Pier Pavilion (£8 <https://www.penarthpavilion.co.uk/whats-on/2018/10/25/spectrum-singers-christmas-concert>). More information from David Bacon or Helen Turner.

Please see notice board at the top of the stairs for details of other local events.

# family : news

We extend our love and sympathy to **Sarah Westmore** on the death of her father (Roger) last week. Please remember Sarah and Jack, Jen (her

mother) and Tim (brother) and the family especially at this time.

We continue to pray for **those going through treatment for cancer**

Please also remember in your prayers those members who are housebound or living in a nursing home and unable to attend worship or meetings regularly.

### Preaching Engagements:

Anne Morse is at Siloam

Please remember to let Graham know if you are out preaching so that the details can be included in the news sheet

### Tabs Events

Are you organising an event in Tabs? If so please let Sarah Westmore know (preferably by email), as she maintains the online and paper Church diary. Please **DO NOT** put events into the diary yourself without speaking to Sarah first.

### Paradise Run

With the advent of the colder weather we would welcome donations of (new & old) sleeping bags & blankets in addition to pots of porridge (or money!). Following on from the success of the last 2 years we will be giving Christmas gifts on our December (7<sup>th</sup>) run using small present bags which we will fill. We need warm men's socks & gloves, shower gel, small boxes of chocolates & a written Christmas card for each bag, if you would like to help or need more details contact Deborah Rees in church or on 07916 669 529 alternatively Nick Tsitsinakis or John Squire.

### Comedians & Carols

Come along for a wonderful evening of festive laughter. Saturday 8<sup>th</sup> December here at Tabs, at 7:30 pm. Featuring professional comedians Tony Vino <https://youtu.be/9PdpvEiER18> and Stephen Cookson <https://youtu.be/laZtYmNsgSE>. Tickets are £7.50, available from Ann and Tim Hackett, 029 2221 7760 or 07776 216 254

### Refined Women's Day 24<sup>th</sup> November – Magazines needed

If you have any spare glossy magazines that you no longer need/want (they could be Sunday supplements, fashion, food, Radio Times, holiday brochures or special interest mags etc). Please bring to church.

Tickets can be booked online or Claire is more than happy to take your money off you. Only £12 a ticket for a day of great teaching, great worship, great food, great fellowship and lots of other goodies. For more information please speak to Claire Grafton.

### Financial Giving

There are a number of ways you can financially support the work here at Tabs. Standing Order forms for direct giving are available from the Treasurer, Jon Morse. Envelopes for the envelope scheme are available from Graham Niblett. Loose cash can be put into the offering bags during the collection, or you can give via your mobile phone. Text TABS01 followed by the amount to 70070. You can give £1, £2, £3, £4, £5 or £10. i.e. text TABS01 £10 to give £10.00 to the church. See Jon Morse for more information about giving or how you can maximise your gift with Gift Aid.